

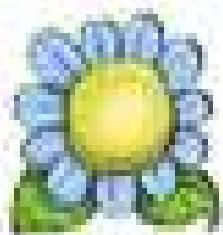
Sacred Heart Sr. Sec. School CHANDIGARH

Monthly Newsletter

HEARTIAN BUZZ

APRIL

2025



April



April is a special month,
A month of new beginnings:
Flowers bloom and green grass grows,
Causing joyous feelings.



Ladybugs and butterflies,
Flying all around:
Birds gathering for their nest,
Dry grass from the ground.



April is the time for rain,
Helping flowers grow:
April showers bring May flowers,
A phrase that many know.





A NEW BEGINNING 2025-26 RISE, SHINE AND EMBRACE

A good beginning makes a big difference. The school was overflowing with the laughter, delight and enthusiasm of the students whose long awaited steps entered the campus with great zeal and zest to unveil the beginning of the new session.



The day commenced with the special assembly conducted by the teachers to evoke God's benediction, followed by the lighting of the lamp. The teachers said special prayers for the students, parents and the management. The theme of the assembly was 'RISE, SHINE and EMBRACE.





1st Day of School



A Warm and Joyful Welcome! "Every child is a different kind of flower, and all together, they make this world a beautiful garden." Our little ones stepped into the new session 2025-26 with smiles, laughter, and a clown-themed celebration! The vibrant decorations, colourful photo booth, and cheerful ambience made the day truly special. Children had a gala time posing for pictures and received adorable handouts as a token of their welcome.



HEALTHY BEGINNINGS, HOPEFUL FUTURES



The teachers staged a play, depicting student's daily routine activities and how physical fitness is a must in our lives. A video was shown to the students on promoting a healthy lifestyle and why exercise, balanced diet and active life is the need of the hour.

To sensitize students on the benefits of adopting a healthy lifestyle and eating a well balanced diet to remain fit and healthy, a number of activities were undertaken to celebrate World Health Day.



The school medical officer Dr. Sonia Mangla addressed the students encouraging them to follow a disciplined routine to lead a healthy and happy life ahead. She also administered a pledge to the students for following healthy lifestyle habits.



ST.
CLARES
HOUSE

ST.
MARY'S
HOUSE

ST.
FRANCIS
HOUSE

ST.
JOSEPH
HOUSE



The Investiture Ceremony for the academic year 2025-26 was conducted with great dignity and enthusiasm, marking a significant event in the school's calendar.



Head Girl Devishi Manhas, Supporting Head Girl Katyayani, Vice Head Girl Jiya Bharara, each entrusted with specific responsibilities to uphold the ethos of the institution



The council comprised Stage Coordinators, Discipline and Bulletin board Incharges, House Captains, Sports Captain Manayata Soni



The ceremony served as a platform to instill in students a sense of leadership, duty, and responsibility as they stepped into roles that would guide and shape the school community.



Cabinet Members



INVESTURE CERMONY

Primary Wing

The council comprised Head Girl **Bhanvee Dembla**, Vice Head Girl **Nandica Bansal**, Sports Captain **Adiva Wasan**, House Captains, Vice House Captains, Discipline and Bulletin board Incharges, each entrusted with specific responsibilities to uphold the ethos of the institution. Described as a beacon of hope, commitment, and resilience, the council members epitomize the values and the vision that the school stands for.

ST. CLARES
HOUSE

ST. MARY'S
HOUSE

ST. FRANCIS
HOUSE

ST. JOSEPH
HOUSE





Baisakhi celebrations at school are a vibrant and enriching experience fostering cultural awareness, social integration and academic growth. A special assembly was held on the occasion of Baishakhi by the students of primary wing.



They shared the history of this festival, its significance and teachings. From melodious folk songs to the foot tapping beats of bhangra the students revelled in the lovely environment this assembly created. The students also presented a play on the value of love surrounding us.





Little Steps, Big Smiles!"

Our youngest learners from class Nursery rolled into the school year with joy and curiosity—cycling around, threading beads, and sharing stories with glowing smiles. Adding a splash of colour to their day, they dipped their tiny hands in paint for palm printing, creating vibrant impressions that marked the start of their creative journey. A heartwarming start to a year full of wonder, laughter, and endless growth!



Canvas of Creativity

Nature Abundance

Creativity is boundless, and that is how the students of classes II and III portrayed Nature. In an Inter-Section poster making competition, the students used different mediums of colour to paint their canvas in hues that resonate with the spirit of nature.



The young artists were all smiles and enthusiasm as they poured their hearts out on the canvas. Here is a sneak peek into their creativity. Kudos to their efforts!!



WHAT'S
YOUR
STORY?

Storytelling



Storytelling is an interesting way of communication, imparting endless values while educating and changing a simple topic into an enchanting activity. The students of classes IV and V also used storytelling to enthrall the audience. BUT their story had twists and the twist changed the story altogether. It was interesting and hilarious as the young Heartians of today's generation changed their perception of age-old stories such as Ali Baba and the forty thieves, the fox and the grapes, the hat seller, among others. Kudos to their creativity!!

PRAYERS FOR POPE FRANCIS: ETERNAL REST GRANT UNTO FRANCIS, O LORD!



In light of the passing of His Holiness Pope Francis, Supreme Pontiff of the Holy See, a period of mourning was observed in the school to pay tribute to his life and legacy. His departure is a profound loss to the universal church. Prayers were made in unison and flowers were offered at his altar by the school manager Reverend Sister Anupa, Principal Reverend Sister Venita Joseph, Head Primary Reverend Sister Alvina, faculty members, administrative staff and students. Pope Francis will always be remembered as a beacon of compassion, humility and spiritual courage by millions across the world. Rest in Eternal Peace Holy Father. May perpetual light shine upon your soul!



In celebration of Earth Day 2025, themed “Our power, Our planet”, Sacred Heart School hosted a vibrant and thought-provoking day of activities to promote environmental stewardship and educate students on sustainable living



The event began with a stirring speech emphasizing the significance of Earth Day. One of the highlights of the day was a nukkad natak (street play) performed by students, dramatizing the dangers of environmental neglect.

Through knowledge, creativity, and action, Sacred Heart’s Earth Day 2025 celebration was a compelling reminder that every person—no matter their age—has the power to protect our planet.



Earth's Promise



In a moving celebration of Earth Day, a thought-provoking assembly that blended environmental concerns with the visionary ecological teachings of Pope Francis was conducted by the students of Class V Etna. They captivated the audience with a compelling skit, 'The Earth's Promise' that portrayed the connections between humanity and nature. The school auditorium resonated with the soul-stirring rendition of 'Earth is Our Home', reminding us of our duty to preserve and nurture our planet for the generations to come.

Inception of the Early Act Club



"The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice."

To promote character and citizenship among students, a Rotary-sponsored service club named "Sparkles: Early Act Club" was initiated for primary students in classes IV and V. This club will engage students in meaningful service activities that will benefit both the school and the community, enhance leadership and teamwork skills, and will foster friendships and a sense of belonging. The members of the Early Act Club undertook their first initiative by holding a rally along with the Interact Club of the senior wing at the Sukhna Lake to raise awareness about the importance of environmental conservation and the need to care for our planet and future generations.

CELEBRATING MOTHER EARTH



The students also actively participated in various activities that were conducted to mark this special day.

While the students of class II enjoyed a paper tearing and pasting activity, their friends of class III relished the beautiful crowns they made and proudly wore.

The students of classes IV and V showed their creativity when they designed beautiful items using newspapers.



Roots of Love, Leaves of Hope



The tiny tots of LKG celebrated Earth day beautifully by becoming Earth's little heroes! With beaming faces and muddy hands, they planted fruit and neem trees, lovingly tucking them into the soil. "Grow big tree, I'll visit you every day." they whispered. The children also coloured a cheerful Earth Day handout and shared how to care for Earth in a sweet circle-time chat. "Turn off lights, No plastic in water, Let's plant a tree on every birthday!" were some thoughtful outcomes.



**ECO
CLUB**

In a unique and innovative move to promote environmental awareness and sustainability, the Eco Club of Sacred Heart Sr. Sec. School proudly inaugurated a QR code system for its herbal garden. This initiative aims to provide visitors with detailed information about the various plants in the garden and their medicinal uses through an easy scan of the QR codes placed beside each plant.

The Eco Club's herbal garden, which has long been a hub of learning and natural discovery, now takes a leap forward in its educational outreach with the introduction of this technology.



In a gesture of community engagement, the parent community was invited to explore the herbal garden, where they were given a tour of the different plants. During the event, parents were also presented with Ashwagandha saplings, a symbol of the school's commitment to promoting plant-based wellness and sustainability.

The Eco Club, along with its members and supporters, remains dedicated to promoting environmental awareness and sustainable practices. This QR code initiative is a step toward creating a greener, more informed future for all.



Poshan Pakhwada Week Initiative



POSHAN PAKHWADA 2025

8th April - 22nd April, 2025



On the account of Poshan Pakhwada Week Initiative, NSS volunteers of class XII presented a short skit on 25th April, 2025 during the morning assembly. It was to spread social awareness about healthy lifestyle and maintaining good nutritious diet. The skit emphasized on ignoring social myths with a touch of humour. Poshan Pakhwada or Nutrition Fortnight aims to raise awareness about good nutrition intake and importance of keeping oneself hydrated from time to time.

Jan Bhagidari Se Jankalyan Tak

It was a proud moment for our school as our students excelled in different competitions at an Inter- School event ' THE RIPPLES- 09 on the theme Jan Bhagidari Se Jankalyan Tak organized by DAV Public School, Sec. 15, Chandigarh



- ❖ **Nairiti Bhatia** of class II Amber won accolades for her performance and won the 1st position in Le Costume Deguise (Fancy Dress) on the theme : Health is Wealth
- ❖ In the same event, **Jiana Syal** of V Athos also secured the 1st position. Dressed as an ocean, highlighting the plight of the water body she enthralled the audience with her excellent oratory skills.
- ❖ In the Art Cade Poster Making Competition, **Miraya Sharma** of V Olympus impressed the judges with the strokes of the brush as she created a poster on the theme: Unity in Diversity and secured the 2nd position.





Achievements

Mira Choudhary of class UKG Strawberry participated in skating competition held by Inter Academy Skating Competition on 5th April 2025. She secured first position.



Araya Vasudeva of class I Emerald participated in skating tournament held by Rolling Tigers Panchkula at Shemford School Pinjore. She bagged 2nd position and was awarded with silver medal





Budding Golfer

Mahira Sharma of class III Delta continued to shine on the golf course as she won the North Zone IGU Sub-Junior/Junior Feeder tour 2025-Event 3. This event was organised by The Indian Golf Union and ACE Golf at RCF Kapurthala on 12th April, 2025. Mahira was awarded a trophy and a medal for her accomplishments.



Ms. Tisha Walia of class IV Hermes participated in 6th S. Manna Singh Memorial Open Table Tennis Tournament held from 18th to 20th April, In the U-11 category she secured the 2nd Runner Up position and was awarded with a trophy, and a cash prize.



Driti Kaushal of class III Beta was a star performer at the 2nd All India District Open National Championship, where she won a gold medal and two silver medals for her performance. This event was organized by RSFI Government of India at Delpur Mohali from 11th April to 14th April 2025.



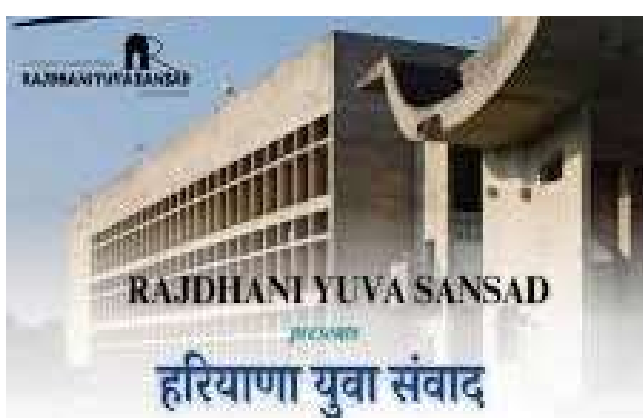


Myra of class V Etna participated in the rink race and road race at the Battle on Wheels -Skating Carnival, organized by Ashmah International School, Sector 70 Mohali

She achieved the 3rd position in both events and was awarded bronze medals.



Sharvi Gupta of LKG Lotus participated in Skating Competition U-6 category on 19th April, 2025 at Ashiana Public school, sector 46, Chandigarh organized by Tida Sports Academy. She secured second prize and was awarded with a silver medal.



Devishi Manhas of class XII C2 was selected among 300 participants all over North India to participate in Haryana Yuva Samvad organised by Rajdhani Yuva Sansad on 2nd and 3rd April, 2025 at the prestigious premises of Haryana Vidhan Sabha. She was awarded with a certificate for her noteworthy performance.

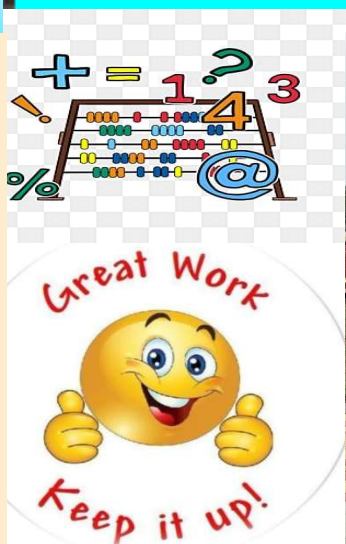


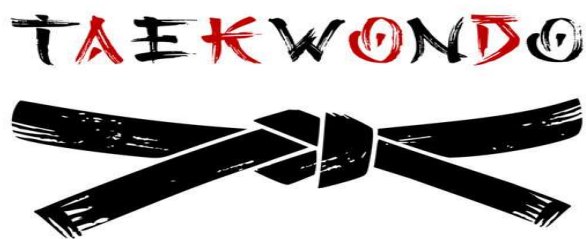
INSPIRE Awards – MANAK

Pehal Sharma of class VII Quartz idea has been selected for the Second Level Presentation in the INSPIRE Awards – MANAK. She has also been awarded a cash prize of Rs. 10,000 for her innovative contribution. Congratulations to her for this remarkable achievement!



Drishti Chugh of class V Kamet took part in the 18th Punjab and Chandigarh State Level UCMAS ABACUS and ARITHMETIC Competition organized by UC Mental Arithmetic India Private Limited on 27th April, 2025 at Lovely Professional University, Jalandhar. She was the 7th Runner-up and was awarded a trophy for her performance.





Ram Chandra Memorial Taekwondo Championship

Ananya of Class VI Edison participated in the Ram Chandra Memorial Taekwondo Championship held in Kanya Mahavidyalay, Haryana on 13th and 14th April and the 10th GTA Cup held Sports Complex, Chandigarh held on 11th February. She secured the first and second position, respectively and was awarded a gold and a silver medal.



Asmita Women National Wushu League

Bhaumika of Class IX-B participated in the Asmita Women National Wushu League under the 45 Kg limit in the Sub-Junior and Junior Category held from 2nd April to 7th April, 2025 at the Rashtra Raksha University Gujarat. She was awarded with a gold medal and a cash prize of Rs. 20000.



Open Jumping



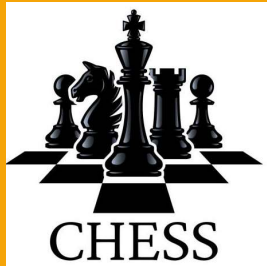
Sifat Hans of Class VIII Hornbill won a gold medal in the 70 cm open jumping and a silver medal in the 90 cm open jumping competition held in the Verdinand Equestrian Academy from 1st April to 9th April 2025. She also won a silver medal in the ladies hacks and a bronze medal in the open hacks at the Anand Delhi Horse show held from 7th to 13th April, 2025. She has qualified for the nationals.



Asian School, MUN

Garima Arora of Class XI-C 1 participated in the Asian School MUN held at Dehradun from 12th April to 13th April, 2025 and won the High Commendation Award. She was awarded with a trophy and a certificate for the same.





SCA Chess Tournament

Chess Titans

Kiara Gupta of Class VI Edison participated in the SCA Chess Tournament and secured the 2nd position in U-13 category. She was awarded with a medal for the same. She also participated in Chess Titans (State Level) and Under U 11 category and scored 5th position out of top 10 from total 700 and was awarded a medal. She also participated in Punjab District Level Tournament which was held in Amity International School, Mohali and scored 2nd position.



Well Done!

Gliding to Glory



Udita Tandon of LKG Lotus showcased remarkable talent and determination at the Skating Carnival held on 26th and 27th April, 2025 at the GMADA Sports Complex(organized by Ashmah International School)

Competing in the U-6 category, she secured the Second Position in Lap 1 Quad Race and soared to First Position in Lap 2 Quad Race. Her outstanding performance earned her a gold and a silver medal, along with certificates of merit.



Jiana Kumar of Class VIII Hornbill participated in 2nd NTPC Khelo India National Women Archery Ranking Tournament Organized by Archery Association of India at Jaipur, Rajasthan from 18th to 19th April, 2025. She won gold medal in Recurve Archery.



She also participated in Khelo India Youth Games 2025 organized by Khelo India at Bihar from 5th to 6th May, 2025 in Recurve Archery and she secured 6th rank.



छोटे कंधों पर बड़ी जिम्मेदारी, नहीं तीरंदाज बेटियां रच रहीं इतिहास

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खेलो इंडिया यूथ गेम्स 2025

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LET
YOUR
LIGHT
SHINE

